

## Day After Procedure

After your procedure is completed, you will be taken to the recovery area where you will be monitored and provided a small snack.

### **When you are ready to be discharged from the RWJ Endosurgical Center:**

- A Post Operative nurse will discuss the go-home instructions and any medications with you, as well as provide a written copy of them for you to take home.
- Since you will be unable to drive for 12 hours following your procedure, a responsible adult must drive you home. Make sure that you are not alone for this initial 12-hour period. You may feel dizzy, or light headed for several hours after the procedure and may require assistance at home.
- Upon arriving home, it is extremely important to follow your doctor's instructions regarding rest, medication and activity.
- Take advantage of this time and rest.
- Do not sign any contracts or serious legal documents for 12 hours after surgery.
- Do not drive a car for at least 12 hours after the surgery.
- It is the patient's responsibility to make follow up appointments for continued care with their Physician.